**ANIMAL FASCIAL MANIPULATION®**

**LEVEL 2 A (diagonals) + B (spirals)**

Program 4 day Course – program can be applied with horses or dogs

Day 1

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| 9.00 | Welcome and Introduction to the Course | Presentation  |
| 9.30 – 10.15 | Basic Principles of Animal Fascial Manipulation ©: retinaculas and formation of CFs. Coffee at the same time | Theory  |
| 10.15 – 12.00  |  CFs of the whole fascial system, diagonals | Theory + practical |
| 12.00-13.00 | Lunch |  |
| 13.00-15.30 |  CFs in practice, formation of diagonals | Practical |
| 15.30-15.45 |  Break |  |
| 15.45 – 17.00 | Comparison of CCs and CFs | Theory |

Day 2

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| 9.00 - 9.45 |  Fascial phenomenons, receptors  | Theory  |
| 9.45 – 10.00 | Break  |  |
| 10.00 – 12.00 | Animal FM in practise, students treating the animals in minigroups | Practical |
| 12.00 – 13.00 | Lunch |  |
| 13.00 – 14.30 | Animal FM in practise, instructor Introducing MOVE, level 2 | Practical |
| 14.30 – 15.30 | Move, students in minigroups | Practical  |
| 15.30 – 15.45  | Break |  |
| 15.45-17.00 | AFM treatment protocol, diagonals | Theory  |

Day 3

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| 9.00 – 9.45 | Fascial anatomy, indications for Animal FM – basics from tissue point of view | Theory  |
| 9.45 – 10.00 | Break |   |
| 10.00 – 12.00 | Formation of the spirals | Theory + practise |
| 12.00 – 13.00 | Lunch |  |
| 13.00 – 15.00 | Spirals in animals, students in minigroups | Practical  |
| 15.45 – 16.00 | Break |  |
| 16.00 – 17.00 | The Assessment Chart for Animal Fascial Manipulation level 2. (from anamnesis to hypothesis – abbreviations; from hypothesis to treatment – procedure, verification)treatment, reassessment. Questions.  | Theory |

Day 4

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| 9.00 – 9.45 | Manipulation of the Fascia – Treatment, palpational protocol, densification of the fascia | Theory  |
| 9.45 - 10.00 | Break |  |
| 10.00 – 12.00 | Treatments for the animals – students in minigroups | Practical  |
| 12.00 - 13.00 | Lunch |  |
| 13.00 – 15.00 | Animal fascial manipulation in practise – diagonals, spirals, CCs + CFs. Forming the fascial network | Practical  |
| 15.00 – 15.15 | Break |  |
| 15.15 – 16.00 | Conclusion, discussion and closing. | Theory |

MANUS SAPIENS POTENS EST.

Changes are possible in the schedule according to the course venue and students.