

## Sports Horse Medicine & Orthopaedics – A 2-Day Practical Course

**COURSE DATE:** Fri 19 – Sat 20 Apr 2024    **COURSE VENUE:** Pferdeklinik Pasterk Ebreichsdorf, Vienna, Austria

### SPEAKERS/INSTRUCTORS:



**Andy Fiske-Jackson BVSc, MVetMed, FHEA, Dipl.ECVS, MRCVS**  
European Specialist in Equine Surgery  
Senior Lecturer in Equine Surgery, Royal Veterinary College, London, England



**Fe ter Woort DVM, DVSc, Dipl.ACVM**  
American Specialist in Equine Internal Medicine  
Equine Sports Medicine Practice, Waterloo, Belgium

### PROGRAM:

#### DAY 1

<b>07:30 – 08:00</b>	<i>Registration &amp; Welcome Coffee</i>	
<b>08:00 – 08:10</b>	Course Introduction	Course Administrator
<b>08:10 – 08:50</b>	<b>A Novel Perspective on Overground/Dynamic Endoscopy</b>	Fe ter Woort
<b>08:50 – 09:30</b>	<b>Lameness Examination – When things get complicated</b> Reliability/Repeatability of Blocks, Multi-Site/Limb Lameness etc.	Andy Fiske-Jackson
<b>09:30 – 10:00</b>	<b>New Ways of using Haematology &amp; Biochemistry</b> in Sports Horses	Fe ter Woort
<b>10:00 – 10:10</b>	Questions	
<b>10:10 – 11:40</b>	<i>Advanced Monitors Corporation Coffee Break</i>	
<b>10:40 – 11:40</b>	<b>Applications for Objective Lameness Evaluation Analysis</b> (Sports Horses)	Andy Fiske-Jackson
<b>11:40 – 12:40</b>	<b>Latest Developments in Orthopaedic Therapies</b> – Polyacrylamide, Resveratrol, Pro-Stride, IRAP, Allogeneic Stem Cell Therapy, PrP etc.	Andy Fiske-Jackson
<b>12:40 – 12:50</b>	Questions	
<b>12:50 – 13:50</b>	<i>Lunch</i>	
<b>13:40 – 14:20</b>	<b>Which Heart Murmurs are relevant in Sports Horses</b>	Fe ter Woort
<b>14:20 – 15:20</b>	<b>Practical Equine Rehabilitation – A review of Available Modalities</b>	Andy Fiske-Jackson
<b>15:20 – 15:40</b>	<i>Eickemeyer-Equinosis Coffee Break</i>	
<b>15:40 – 16:00</b>	<b>Overground/Dynamic Endoscopy Demonstration</b>	Fe ter Woort

## Sports Horse Medicine & Orthopaedics – A 2-Day Practical Course

### DAY 1 (continued)

- 16:00 – 18:00** Practical Sessions on live Horses in Small Groups
- **Distal Limb Ultrasound – Attendees to choose area to examine** Andy Fiske-Jackson
    - Digital Flexor Tendon Sheath & Fetlock or
    - Pastern Region
  - **Upper Respiratory Endoscopy & Overground Case Discussions** Fe ter Woort
- 18:00 – 19:00** *Wine & Cheese Reception*

### DAY 2

- 08:00 – 08:40** Exercise Testing – Identifying Subclinical Problems in Sports Horses Fe ter Woort
- 08:40 – 09:20** **Contentious Issues in Sports Horse Pre-Purchase Examination** Andy Fiske-Jackson
- 09:20 – 10:20** **Feeding the Competitive Athlete** Fe ter Woort
- 10:20 – 10:30** Questions
- 10:30 – 11:00** *AstoCT Coffee Break*
- 11:00 – 13:00** Practical Sessions on live Horses in Small Groups
- **Exercise Testing – Heart Rate Monitoring, ECG Analysis, Lactate Measurements etc.** Fe ter Woort
  - **Ultrasound of the Stifle Region** Andy Fiske-Jackson
- 13:00 – 14:00** *Lunch*
- 14:00 – 16:00** Practical Sessions on live Horses in Small Groups
- **Laryngeal Ultrasound & ECG Case-Discussions** Fe ter Woort
  - **Objective Lameness Evaluation as part of the Lameness Examination** Andy Fiske-Jackson
- 16:00 – 16:30** *Coffee Break, Questions, Discussions & Final Comments*